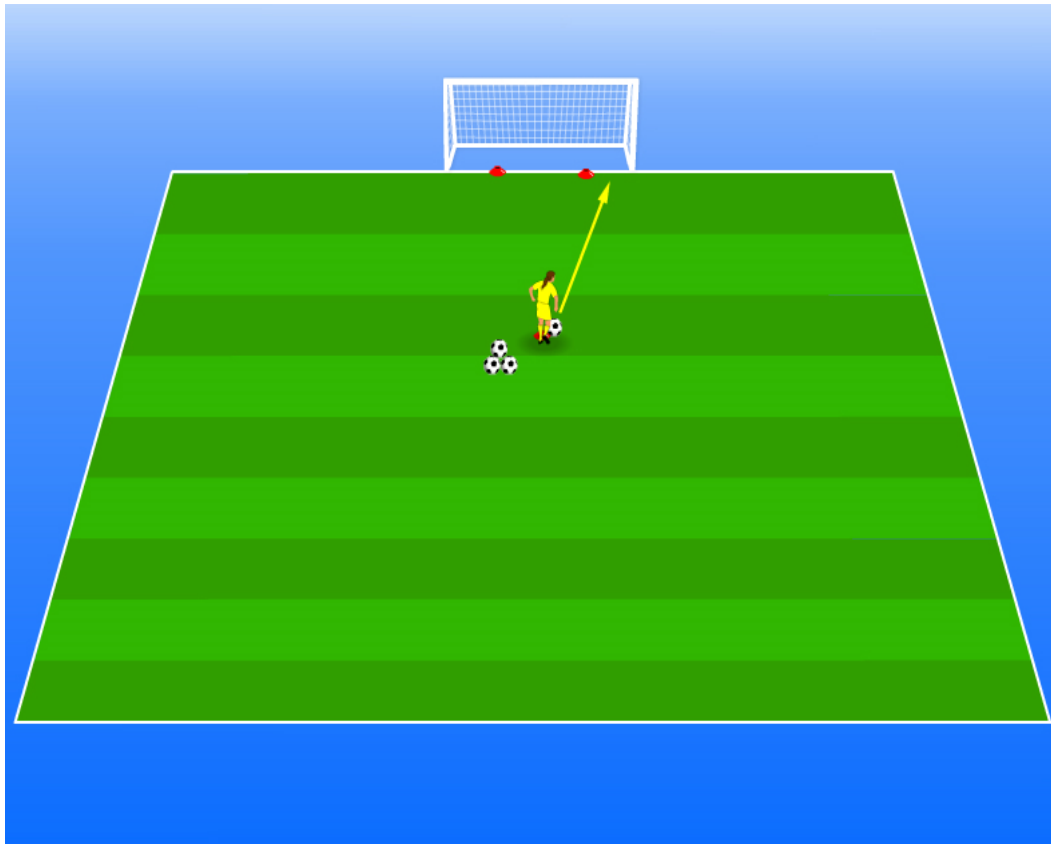


FFA Walking Football Play at Home Challenge



Activity 5: Corners



- Place two cones to mark out either corner of the goal
Player will attempt to shoot the ball into the corners of the goal (as marked by cones) as many times as possible from a total of 4 kicks
- Player receives 1 point each time the ball is kicked into the corners
- Once all balls are shot at goal, repeat sequence and player attempts to beat their previous score
- Alter the distance player stands away from the goal based on ability /Make corners of the goal smaller

3 MINUTE PLAY AT HOME CHALLENGE: How many corner goals can you score?